

Summary

January 18, 2007

Health & Fitness Articulation Team Meeting

Attending:

Andi Brizendine	PE @ WA
Terry Hammond	PE @ Columbia
Shane Flatness	PE@ Newberry
Camille Jackson	PE @ Lincoln
Linda Dimmitt	School Nurse @ MV & Westside
Jay Fox	PE @ MV
Brian Bailey	PE @ Lincoln & WA
Jodi Smith	WSD Administration
Matt Lewallen	PE @ L&C
Sally Darringer	Pioneer
Tracey Reece	Foothills
Pam DePersio	Orchard
Debbie Carlson	Counselor @ SS

Unable to Attend:

<i>Ben Dotson</i>	<i>PE @ SS</i>
<i>Maureen Rix</i>	<i>WHS</i>
<i>Kathleen Miner</i>	<i>Parent</i>
<i>Brian Garland</i>	<i>WestSide High School</i>

- I. Update for middle school teachers regarding Pilot — by Andi.
- II. Review of document Terry Hammond: Pilot Study Introduction/Background to Teachers.
 - a. Discussion on how and who should send out memo to K-6 teachers
 - b. Options
 - i. Jodi to write introduction, maintain integrity of Terry's draft
 - ii. Jodi writes, understanding the team's intent
 - c. Consensus: Jodi will write and send out email
 - i. Key points to include in email from Jodi:
 1. Teacher have responsibility to teach health components
 2. CBA's will be required soon
 3. H & F desires that teachers are prepared for upcoming CBA requirements
 4. H & F team has researched a curriculum to fill the gap
 5. H & F reps will recruit teachers for pilot study
 - d. Email will be sent to all staff K-5.
 - i. CC to Pam DePersio who will pilot a 6th grade study at Orchard
- III. Middle School Report — Sally
 - a. Curriculum from Dairy Council for Middle Schools
 - i. Food Pyramid 10 steps to a Healthier Me — Nutrition
 - ii. Activity pyramid poster

- IV. Life Skills Pilot — Debbie Carlson
 - a. Two year commitment, 2006 and 2007 school year
 - b. Curriculum from *Together for Drug Free Youth* Anti Smoking Researched based
 - c. Curriculum: 3&4 grades and 5 & 6 grades
 - d. Pilot at Sunnyslope and Columbia because of interest
 - e. Targets 4th, 5th grade — 8 lessons
 - f. Other schools interested—booklets are \$5 each student each year
 - g. Exciting material
 - h. Students very positive about lessons, liked it
 - i. Questions
 - i. Which grade is optimum for pilot?
 - ii. Selling points for other teachers?
- V. Project Alert — Debbie Carlson
 - a. 5th grade survey WA, L&C, Col, Lincoln (part of grant)
 - i. Must have parent permission to take survey
 - ii. Does survey need approval by district? District needs to be aware
 - iii. Linda Holmes-Cook-counselor at Columbia/ Glenna Younkin
 - b. Awareness of alcohol use/abuse
 - c. Intent is to gather information to know how to spend grant money (not Project Alert money)
 - d. Jodi cautioned that any material needs to be channeled through the district curriculum for approval
- VI. Wenatchee World Article
 - a. Very little response from 1/17 regarding Sex Ed article — most staff did not read specifics
 - b. Pam finds that the main parental concern centers around concerns that curriculum might promote homosexuality
 - c. Reminder by Jodi
 - i. School Board is in charge — Board represents community
- VII. Other — Andi
 - a. Bill Nye the Science Guy on Nutrition
 - i. Need to view to see if it is still pertinent
 - b. 5th grade CBA coming for H & F on *Character Education*
 - i. Who is required to teach curriculum?
 - ii. There needs to be clarification before CBA requirement arrives
 - iii. Some attended training last Feb and have copy of CBA
 - iv. Should this group be looking at list of CBA and who does what?
 - v. Jodi — not an issue for the front burner at this time
 - vi. Andi — keep in mind, other could take training
 - c. Move It Program — Update from Terry
 - i. Anna Beard, liaison from Spokane has streamlined/improved program
 - 1. 6 wk commitment/program, easier to implement
 - 2. Elementary schools will receive \$4,000/bldg this year to use next year